



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

TUESDAY: START OF DAY 1 - CHECK-IN DAY

Day's Event 101 Women's 200 Medley Relay (Prelims - Finals swim Wednesday Evening)

Day's Event 102 Men's 200 Medley Relay (Prelims - Finals swim Wednesday Evening)

Day's Event 103 Women's 1,000 Yard Freestyle (fastest to slowest)

Day's Event 104 Men's 1,000 Yard Freestyle (fastest to slowest)

6:00AM-4:00PM	Pool open exclusively for Meet Swimmers and Coaches
7:30AM-2:30PM	Completion of Facilitation Skills and Swim Officials Trainer Training - Pool - Room 1
9:00AM-2:00PM	Scratch Table Open for 1000 Freestyle and 200 Medley Relay (Day 1 events) - Events Center - Coaches Check-in (Rm 3)
9:00AM-2:00PM	Scratch Table Open (Day 2 Events) - Events Center - Coaches Check-in (Rm 3)
9:00AM-3:00PM	Parking Pass Sales - Events Center
9:00AM-3:00PM	Spectator Ticket Sales & Pre-order Ticket Pick-up - Events Center
9:00AM-2:00PM	Team & Coaches Meet Check-in - Events Center - Rm 3
9:00AM-2:00PM	Officials Meet Check-in - Events Center - Rm 3
9:00AM	Athlete Village Open for Team Move-in - Events Center
9:30AM-1:30PM	Level I Officials Training - Pool - Room 1
9:30AM-1:30PM	Level II Officials Training - Pool - Room 1
2:15PM	New Coaches Meeting - Events Center - Rm 4
2:15PM-2:45PM	New Officials Meeting - Hall of Champs - Board Rm
2:45PM-4:15PM	College Coaches Seminar for Parents/Athletes - Location: TBD
2:45PM-3:45PM	Mandatory Meeting for All Officials - Hall of Champs - Board Rm
3:00PM	All Coaches Meeting - Events Center - Rm 1
4:00PM	Pool Opens for Finals Warm-up
4:00PM	Spectators Stands Open
4:00PM-6:00PM	Spectator Ticket Sales & Pre-order Ticket Pick-up - Pool Entrance
4:00PM-5:00PM	Scratch Table Open (Day 2 Events) - Room Off Pool Deck
4:00PM	Relay Table Open
4:30PM-5:15PM	Athletes and Parents Welcome Event - Spectator stands
4:30PM	Officials and Timers Meeting - Events Center - Rm 1
5:00PM-6:00PM	Team & Coaches Meet Check-in - Events Center - Rm 4
5:00PM	Officials Check-in until end of session - Events Center - Rm 1
5:20PM	Competition Pool Closes
5:20PM	Devotion and National Anthem
5:30PM	Start of Competition
7:15PM	Estimated Session End Time



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

WEDNESDAY: START OF DAY 2

Day's Event 201 Women's 200 Yard Backstroke
Day's Event 202 Men's 200 Yard Backstroke
Day's Event 203 Women's 100 Yard Butterfly
Day's Event 204 Men's 100 Yard Butterfly
Day's Event 205 Women's 200 Yard Breaststroke
Day's Event 206 Men's 200 Yard Breaststroke
Day's Event 207 Women's 400 Yard Free Relay
Day's Event 208 Men's 400 Yard Free Relay

6:00AM	Pool Opens Prelims Warm-up
6:00AM-11:00AM	Team & Coaches Meet Check-in - Events Center - Rm 4
6:30AM-11:00AM	Spectator Ticket Sales & Pre-order Ticket Pick-up
7:00AM-10:00AM	Time Trial Table Open
7:00AM	Spectators Stands Open
7:00AM-12:00PM	Scratch & Relay Table Open
7:00AM	Officials and Timers Meeting - Events Center - Rm 1
8:40AM	Competition Pool Closes
8:40AM	Devotion and National Anthem
8:40AM	2018 Joseph G. Rogers Award Announcement
9:00AM	Prelims Start
4:00PM-7:00PM	Spectator Ticket Sales & Pre-order Ticket Pick-up
4:00PM	Pool Opens for Finals Warm-up
4:00PM	Spectators Stands Open
4:00PM	Officials and Timers Meeting - Events Center - Rm 1
4:00PM-5:00PM	Scratch Table Open for Day 3
4:00PM	Relay table Open
4:45PM-6:00PM	Team & Coaches Meet Check-in - Events Center - Rm 4
4:45PM	Assembly of Athletes for Opening Ceremonies - Events Center
5:00PM	Competition Pool Closes
5:00PM	Opening Ceremonies - Parade of Athletes
5:15PM	Devotion and National Anthem
5:30PM	Finals Start with C, B, A Heats
5:30PM	Swim Finals for 200 Medley Relay - Women then Men
5:30PM	1000 Freestyle Awards-Women after Women relay awards, Men after Men relay awards
8:30PM	Estimated Session End Time



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YMCA NATIONAL SWIMMING CHAMPIONSHIP

THURSDAY: START OF DAY 3

Day's Event 301 Women's 100 Yard Backstroke
Day's Event 302 Men's 100 Yard Backstroke
Day's Event 303 Women's 400 Yard I.M.
Day's Event 304 Men's 400 Yard I.M.
Day's Event 305 Women's 200 Yard Freestyle
Day's Event 306 Men's 200 Yard Freestyle
Day's Event 307 Women's 200 Yard Free Relay
Day's Event 308 Men's 200 Yard Free Relay

6:00AM	Pool Opens Prelims Warm-up
6:00AM-11:00AM	Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-11:00AM	Spectator Ticket Sales
7:00AM-10:00AM	Time Trial Table Open
7:00AM	Spectators Stands Open
7:00AM-12:00PM	Scratch & Relay Table Open
7:00AM	Officials Picture - Spectator Stands
7:15AM	Officials and Timers Meeting - Events Center - Rm 1
8:40AM	Competition Pool Closes
8:40AM	Senior Recognition
8:40AM	Outstanding Athletes Scholarship Award
8:40AM	Devotion and National Anthem
9:00AM	Prelims Start
4:00PM	Pool Opens for Finals Warm-up
4:00PM	Spectators Stands Open
4:00PM-7:00PM	Spectator Ticket Sales
4:00PM	Officials and Timers Meeting - Events Center - Rm 1
4:00PM-5:00PM	Scratch Table Open for Day 4
4:00PM	Relay table Open
5:00PM-6:00PM	Team & Coaches Meet Check-in - Events Center - Rm 4
5:00PM	Competition Pool Closes
5:00PM	Devotion and National Anthem
5:15PM	Finals Start with C, B, A Heats
7:45PM	Estimated Session End Time



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

FRIDAY: START OF DAY 4

- Day's Event 401 Women's 500 Yard Freestyle
- Day's Event 402 Men's 500 Yard Freestyle
- Day's Event 403 Women's 200 Yard IM
- Day's Event 404 Men's 200 Yard IM
- Day's Event 405 Women's 50 Yard Freestyle
- Day's Event 406 Men's 50 Yard Freestyle
- Day's Event 407 Women's 800 Yard Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)
- Day's Event 408 Men's 800 Yard Freestyle Relay (Prelims fastest to slowest - Top seeded 2 heats swim at Finals Session)

6:00AM	Pool Opens Prelims Warm-up
6:00AM-11:00AM	Team & Coaches Meet Check-in - Events Center - Rm 4
7:00AM-11:00AM	Spectator Ticket Sales
7:00AM-10:00AM	Time Trial Table Open
7:00AM	Spectators Stands Open
7:00AM-12:00PM	Scratch & Relay Table Open
7:15AM	Officials and Timers Meeting - Events Center - Rm 1
8:40AM	Competition Pool Closes
8:40AM	Moment of Remembrance
8:40AM	Conrad Carroll Award
8:40AM	Devotion and National Anthem
9:00AM	Prelims Start
4:00PM	Pool Opens for Finals Warm-up
4:00PM	Spectators Stands open
4:00PM-7:00PM	Spectator Ticket Sales
4:00PM	Officials and Timers Meeting - Events Center - Rm 1
4:00PM-5:00PM	Scratch Table Open for Day 5
4:00PM	Relay table Open
5:00PM-6:00PM	Team & Coaches Meet Check-in - Events Center - Rm 4
5:00PM	Competition Pool Closes
5:00PM	Devotion and National Anthem
5:15PM	Finals Start with C, B, A Heats
8:15PM	Estimated Session End Time



SCHEDULE OF ACTIVITIES

YMCA NATIONAL SWIMMING CHAMPIONSHIP

SATURDAY START OF DAY 5

- Day's Event 501 Women's 200 Yard Butterfly
- Day's Event 502 Men's 200 Yard Butterfly
- Day's Event 503 Women's 100 Yard Freestyle
- Day's Event 504 Men's 100 Yard Freestyle
- Day's Event 505 Women's 100 Yard Breaststroke
- Day's Event 506 Men's 100 Yard Breaststroke
- Day's Event 507 Women's 400 Yard Medley Relay
- Day's Event 508 Men's 400 Yard Medley Relay
- Day's Event 509 Women's 1,650 Yard Freestyle (Prelims fastest to slowest - Top seeded heat swim first event at Finals)
- Day's Event 510 Men's 1,650 Yard Freestyle (Prelims fastest to slowest - Top seeded heat swim first event at Finals)

- 6:00AM Pool Opens Prelims Warm-up
- 6:00AM-11:00AM Team & Coaches Meet Check-in - Events Center - Rm 4
- 7:00AM-11:00AM Spectator Ticket Sales
- 7:00AM-10:00AM Time Trial Table Open
- 7:00AM Spectators Stands Open
- 7:00AM Relay table Open
- 7:15AM Officials and Timers Meeting - Events Center - Rm 1
- 8:40AM Competition Pool Closes
- 8:40AM Devotion and National Anthem
- 8:40AM 2019 Joseph G. Rogers Award Announced**
- 8:40AM Coach of the Year Award**
- 9:00AM Prelims Start**
- 4:00PM Pool Opens for Finals Warm-up
- 4:00PM Spectators Stands Open
- 4:00PM-7:00PM Spectator Ticket Sales
- 4:00PM Officials and Timers Meeting - Events Center - Rm 1
- 4:00PM Relay table Open
- 5:00PM Competition Pool Closes
- 5:00PM Devotion and National Anthem
- 5:00PM Coach of the Meet Award**
- 5:15PM Finals Start with C, B, A Heats**
- 8:40PM Estimated Session End Time**